



Cana newsletter

CANA COMMUNITIES INCORPORATED | PO Box 1651 | Strawberry Hills | NSW 2012
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from Anne

Well, it's been a challenging couple of weeks. Rodney's death has touched us all deeply. We gathered with his family in Dubbo and with his friends in Sydney. Rod was remembered and celebrated with laughter, tears, stories and prayer. The richness and support of community was very real for each of us in our sharing of the way Rod had found his way into our hearts.

For those who had not heard, we had a fire at de Porres (114 Flinders Street) on the morning of 6th November. Rodney died of smoke inhalation. The other residents have moved into 112 and the building is being repaired. It is expected that the council will be back to approve the repairs early in December and we will be able to start again. Thanks to all who have taken part in the cleaning, cooking, rubbish removal etc. etc. There has been such a lot of support in a very difficult time Danielle and Janelle have given extraordinary leadership throughout all the changes required. Their awareness of the residents and sensitivity in finding ways to companion each one in their need has been awesome. Thank you both.

We continue to look for a new place to locate Café Cana. Hopefully we will have somewhere early in the New Year. Meanwhile people who gathered at the Café have continued to meet and make the Cana Pasta Sauce or share a meal at Redfern Park on a Saturday evening.

Being in touch with people is more difficult with both the Café and de Porres out of action. It is a good time though for catching up with some of our friends and going for coffee or spending time together in a special way.

I hope that Christmas is a time of special blessing for each and every one of you. Your contribution makes Cana what it is. Christmas is a time when we give thanks for all that has happened for us during the year and within Cana along with the big and small challenges we face on a regular basis we also know enormous blessing. I encourage each of you to read the reflection article and take a moment each day as we prepare for Christmas to name and give thanks for someone whose 'shoulders we stand on'. With much love and gratitude, Anne

In December

10th	Volunteers' Dinner
17th	TAFE Graduation
24th	Redfern Park from 5:30pm

In January

1st	BBQ and Prayer at 257 Cleveland Street commencing 5.30 pm
18th-21st	Riverview Holiday (see Danielle, Janelle or Anne for a place).

Reflection

"Standing on the Shoulders"

I am standing on the shoulders of the ones who came before me
I am stronger for their courage, I am wiser for their words
I am lifted by their longing for a fair and brighter future
I am grateful for their vision, for their toiling on this Earth

We are standing on the shoulders of the ones who came before us
They are saints and they are humans, they are angels, they are friends
We can see beyond the struggles and the troubles and the challenge
When we know that by our efforts things will be better in the end
They lift me higher than I could ever fly
Carrying my burdens away
We wouldn't be here celebrating today

I am standing on the shoulders of the ones who came before me
I am honoured by their passion for our liberty
I will stand a little taller, I will work a little longer
And my shoulders will be there to hold the ones who follow me

They lift me higher than I could every fly
Carrying my burdens away
I imagine our world if they hadn't tried
We wouldn't be so very blessed today
I am standing on the shoulders of the ones who came before me
I am honoured by their passion for our liberty
I will stand a little taller, I will work a little longer
And my shoulders will be there to hold the ones who follow me

By Joyce Johnson Rouse



Cana Communities - Christmas Party 24th December

Everyone is welcome to join us at Redfern Park for our Christmas Party with festivities will beginning at 5.30pm. with great food and a visit from Santa followed by Mass.

Please be aware that every child that attends must be accompanied by and under the supervision of an adult

Newsletter distribution

If you are receiving the Cana newsletter by mail – but prefer to receive it via email...

Please email cana_ajordan@bigpond.com with your full name and address the newsletter is currently going to, and tell us you prefer email!

Christmas gift ideas that support Cana

- Christmas Cakes/Puddings \$20 each
- Cana Pasta Sauce \$10 (made by Cana Volunteers)
- Gift Tags are available ranging from \$5 to \$100

(a \$5 gift tag provides a meal for someone at our Christmas Party; \$100 provides for 10 people to have a meal and spend the night at Teresa House instead of being on the streets).

